

WHO CAN PRESCRIBE GREEN?



In order to “prescribe Green” for adults it is essential that the referring practitioner:

- Is a regulated health practitioner as defined under the Health Practitioners Competence Assurance (HPCA) Act, working within their scope of practice
- Identifies contraindications through a health assessment* of the person to ensure they are safe to increase their physical activity
- Can confirm that the benefits and risks of increased activity have been discussed, and referral made if required for further clinical assessment, before a GRx is issued
- Has established that the person is currently inactive and willing/able to make a positive lifestyle change through a GRx referral.

**A health assessment includes, but is not limited to, family and personal health history, current conditions and medications, physical examination and current activity level.*

NOTE: GRx referrers from outside general practice who do not have access to an electronic shared care record should copy the GRx and any progress reports to the person’s general practitioner (GP).

Practitioners who are likely to meet the above criteria are	Adult referrals from practitioners who do not meet the above criteria will need general practice sign off and are likely to be
<p>General practice:</p> <ul style="list-style-type: none"> -General practitioners -Nurse practitioners -Practice nurses <p>Registered nurse prescribers</p> <p>Medical specialists:</p> <ul style="list-style-type: none"> -hospital based -community based (in private practice) -outpatients <p>Surgeons</p> <p>Hospital based allied health professionals:</p> <ul style="list-style-type: none"> -physiotherapists -psychologists -dieticians -occupational therapists <p>Hospital based Clinical Nurse Specialists and mental health nurses</p> <p>Lead Maternity Carers/midwives</p> <p>PHO or practice based Maori/Pacific registered health nurses</p>	<p>Registered nurses (those not in general practice):</p> <ul style="list-style-type: none"> -Well Child Tamariki Ora (WCTO) nurses (visiting family) -Public Health nurses -District Health nurses -Diabetes nurses <p>Enrolled nurses</p> <p>Community health workers (eg kaiawhina)</p> <p>Mental Health/Addiction workers (must provide patient support in conjunction with GRx personnel)</p> <p>Community based allied health professionals:</p> <ul style="list-style-type: none"> -dieticians -physiotherapists -osteopaths -chiropractors