



## Week Three

This week we focused on some very important aspects of bike safety.

### Bike Safety

- Footpaths are for people too.
- Alert pedestrians you are nearby using a bell or saying “excuse me.”
- Look and listen for traffic, especially those backing out of driveways.

### Braking

- Children learnt how to brake effectively without skidding.
- Weather can effect braking, with wet weather resulting in longer braking time required.
- The arms should be extended with the elbows slightly bent when braking.



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