

Tū Manawa Active Aotearoa Executive Summary

Tū Manawa Active Aotearoa is an **activation fund** to provide physical activity opportunities for tamariki (children aged 5-11) and rangatahi (young people aged 12-18).

The fund aims to provide quality opportunities in play, active recreation and sport, particularly for those who are at risk of missing out.

Priority population groups include:

- Young women (aged 19 – 24 years)
- Tamariki and rangatahi in high deprivation communities
- Tamariki and rangatahi who are living with an impairment.

Play, active recreation and sport are defined as:

- **Play** - intrinsically motivated (spontaneous), personally directed and freely chosen activities.
- **Active Recreation** – generally non-competitive physical activities for enjoyment and wellbeing.
- **Sport** – a game, competition or activity in which an individual or team competes against another or others for enjoyment and wellbeing.

Sport Taranaki is looking for evidence of knowledge and understanding to determine how organisations know this programme is needed. What evidence do organisations have that this programme is required, how are participants and the community involved in shaping the programme?

We are also looking for clearly articulated outcomes (what you are looking to achieve). This could relate to physical or social changes for participants and / or the community e.g. improvement in physical activity levels, confidence of participants, increased cultural knowledge, providing for a diverse range of participants.

The reporting of Tū Manawa Active Aotearoa is heavily outcomes focused. Therefore, organisations will be required to report on:

- What changes have resulted from your programme and evidence (i.e. did you achieve your outcome/s and how)?
- What activities did you do to achieve the outcomes?
- Describe the haerenga (journey) of this activity, how it was initiated and developed throughout the programme and how well did you do it?

Sport Taranaki strongly encourage organisations to discuss their programme with a staff member from Sport Taranaki they are connected with or contact the Tū Manawa Team (below) prior to commencing their application so we can ensure you are supported through the process.

Terry Long
P: 06 7590930, extn 737
M: 027 705 6963

Janet Fleming
P: 06 7590930, extn 701
M: 027 226 0947

Maree Judd
P: 067590930, extn 716
M: 027 856 1792